# Effects of Untreated Obstructive Sleep Apnea

Snoring and sleepiness should not be ignored.

Sleep Apnea afflicts 1 in every 5 people.

Obstructive Sleep Apnea (OS) is a serious and chronic (lifelong) medical condition that can affect your sleep health and quality of life.

OSA has been linked to hypertension, diabetes, heart disease, stroke, work and driving related accidents, and placing strain on relationships between bed partners and family members.

SomnoMed works with your dentist to create a custom, comfortable device that's durable and easy to use.



Ask Dr. Holly for more information.
Join the over 760,000 patients worldwide treated by SomnoMed devices!

# Why Choose Oral Appliance Therapy

- MORE COMFORTABLE
- NO MASKS OR HOSE
- CLINICALLY PROVEN
- COVERED BY MOST

  MEDICAL INSURANCE

## **HOUSTON SLEEP ASSOCIATES**

2150 RICHMOND AVE., SUITE 101 HOUSTON, TX 77098 281-378-4ZZZ (4999)

SomnoMed 6513 Windcrest Drive, Suite 100 Plano, TX 75024

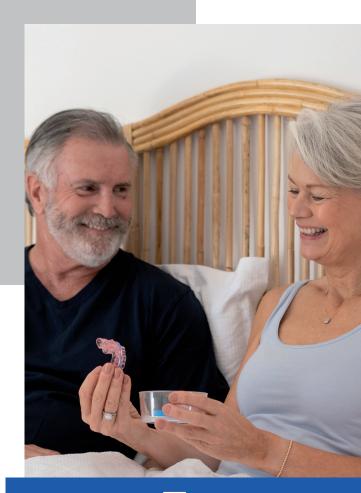
www.somnomed.com













YOUR JOURNEY
TO
A GOOD NIGHT'S SLEEP

HOUSTONSLEEPASSOCIATES.COM

Treating more patients, more effectively

# FREQUENTLY ASKED QUESTIONS

#### Is it safe?

Yes. SomnoMed Oral Devices are FDA cleared.

#### Is it comfortable?

Yes, 9 out of 10 patients surveyed report it as comfortable.

### How long will it last?

New SomnoMed devices have a 3-year warranty but many remain operational long after their warranty expires.

#### How long will the process take?

Measurements, impressions or scans for your SomnoMed device are part of your initial appointment with your sleep dentist.

## What will my out of pocket expense be?

This will depend on your plan coverage. Please confirm coverage with your carrier.

### SomnoMed Oral Devices Provide:



A comfortable, custom-fit first line treatment option



A full lip seal, ability to speak and drink while wearing



Discreet and silent

# $\checkmark$

### 3 year manufacturer warranty

# THE SOMNOMED FAMILY OF DEVICES

Worn during sleep, SomnoMed devices fit over your upper and lower teeth. The device slightly moves the lower jaw forward, helping to keep the airway open and allowing you to breathe normally.

# **AVANT**



- Digitally Milled
- Slim design
- Durable with a Comfortable Fit
- Patented BFlex Soft Liner for Premium Patient Comfort





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